



FOX TROT 5K & 1 MILE FUN RUN

Sat., March 11, 2017

Get out your green, grab a friend & get ready to run for the Fox! Held annually the weekend before St. Patrick's Day, the Fox Trot is great fun for all ages. **Costumes are encouraged!**

"May the luck o' the Irish be with ya!"

- Start & Finish @ Fresh Catch Bistreaux (109 Tunica Dr. East; Marksville, LA)
- Check-in: Opens @ 8 a.m.
- 5K start time: 9 a.m.
- 1 mile fun: directly following 5K
- Pre-registration fee: \$25 includes T-shirt
- Deadline to pre-register: **Feb. 20th**
- Late registration fee: \$35 (no shirt)
- Runner packet pick-up on March 10th 5-7 p.m. @ the Fox

Prizes awarded to top three male & female runners in each 5K age division (youth, teen, 20-39, and 40+), Award for Top Overall Runner & Best Costume PLUS door prizes, food, live bagpiper & DJ after party! FUN FOR ALL AGES!

Please fill out information below, sign, & mail with payment to
Fox Theatre; P.O. Box 335; Marksville, LA 71351

NAME: _____ AGE: _____ GENDER: _____

MAILING ADDRESS: _____

EMAIL: _____ PHONE: _____

T-SHIRT SIZE: Please circle (Adult: S, M, L, XL, 2XL or Youth S, M, L)

5K OR 1 Mile (please circle one)

EMERGENCY CONTACT & PHONE: _____

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running this event, including but not limited to: Falls, contact with other participants, effects of weather, including high heat and/or humidity, traffic and the conditions of the road, ditches and all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in the consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The Fox Theatre, The City of Marksville and any and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I release the rights to any and all photographic material, including film, and computer information.

SIGNATURE: _____ DATE: _____